

Nutrition and Allergen Disclaimer

1. This Nutrition and Allergen Chart is intended only to help guide menu selections, not as medical or nutritional advice. Each individual is responsible, in cooperation with his or her physician, dietitian or other health consultant, for making personal dietary decisions.
2. Allergen and Gluten Information: We understand the difficulties associated with eating out with food allergies, and we are committed to serving food safely. However, due to the many circumstances, we are unable to guarantee that any menu item is completely free from any particular allergen or animal product, and we assume no responsibility for guests with food allergies, food sensitivities or dietary restrictions.

The nutrition, allergen and/or gluten information presented is based on information provided to The Kebab Shop from food manufacturers and ingredient suppliers. The Kebab Shop's menu is diverse and contains a wide variety of foods, many of which contain one or more of the eight most common allergens, including but not limited to: Crustacean shellfish, eggs, fish, dairy, peanuts, soybeans, tree nuts and wheat. Ingredients or production and processing methods used by our suppliers may vary or change without notice and there may be product differences among regional suppliers. Additionally, normal kitchen operations involve shared cooking and preparation areas, and cross-contact with other foods may occur during production or we may occasionally need to substitute ingredients in menu items. Be sure to thoroughly read the allergen information presented and inform a manager or your wait staff of your particular needs.

3. Before placing your food order, explain to the restaurant manager and the person taking your order that your order must be specially prepared due to a food allergy or dietary restriction. After receiving your order, confirm with the restaurant personnel, once again, that your order was prepared according to your request. Remind them that this is due to a food allergen, intolerance or restricted eating style and it is very important that your meal was prepared as you directed. Confirm the restaurant personnel are confident that your meal was in fact prepared as you had directed.

Your use of this Nutrition and Allergen Chart implies that you understand this disclaimer and you will defend, indemnify, and hold harmless The Kebab Shop, their officers, directors, employees, agents, licensors, and suppliers, from and against any claims, actions or demands, liabilities and/or settlements including without limitation, reasonable legal fees resulting from, or alleged to result from, your violation of these Terms and Conditions.



NUTRITION INFORMATION

| | Calories (kcal) | Calories from Fat (kcal) | Fat (g) | Saturated Fat (g) | Trans Fatty Acid (g) | Cholesterol (mg) | Sodium (mg) | Carbohydrates (g) | Total Dietary Fiber (g) | Total Sugars (g) | Protein (g) |
|---|-----------------|--------------------------|---------|-------------------|----------------------|------------------|-------------|-------------------|-------------------------|------------------|-------------|
| PROTEINS | | | | | | | | | | | |
| Protein: Carved Chicken (Wrap/Bowl) | 260 | 110 | 12 | 3.5 | 0 | 185 | 180 | 0 | 0 | 0 | 35 |
| Protein: Carved Chicken (Plate) | 310 | 130 | 14 | 4 | 0 | 225 | 210 | 0 | 0 | 0 | 42 |
| Protein: Carved Chicken (Extra) | 260 | 110 | 12 | 3.5 | 0 | 185 | 180 | 0 | 0 | 0 | 35 |
| Protein: Carved Chicken (Side - Includes Flatbread) | 750 | 260 | 29 | 8 | 0 | 225 | 750 | 68 | 6 | 0 | 53 |
| Protein: Carved Lamb & Beef | 370 | 250 | 28 | 11 | 0 | 75 | 840 | 11 | 0 | 1 | 19 |
| Protein: Carved Lamb & Beef (Plate) | 560 | 380 | 42 | 16 | 0 | 110 | 1260 | 16 | 0 | 2 | 28 |
| Protein: Carved Lamb & Beef (Extra) | 370 | 250 | 28 | 11 | 0 | 75 | 840 | 11 | 0 | 1 | 19 |
| Protein: Carved Lamb & Beef (Side - Includes Flatbread) | 1010 | 510 | 57 | 20 | 0 | 110 | 1800 | 84 | 6 | 2 | 39 |
| Protein: Mixed Carved (Wrap/Bowl) | 340 | 190 | 21 | 7 | 0 | 150 | 530 | 5 | 0 | <1 | 30 |
| Protein: Mixed Carved (Plate) | 430 | 250 | 28 | 10 | 0 | 165 | 740 | 8 | 0 | 1 | 35 |
| Protein: Mixed Carved (Extra) | 290 | 170 | 19 | 7 | 0 | 110 | 490 | 5 | 0 | <1 | 23 |
| Protein: Mixed Carved (Side) | 430 | 250 | 28 | 10 | 0 | 165 | 740 | 8 | 0 | 1 | 35 |
| Protein: Falafel (Wrap/Bowl) | 330 | 100 | 11 | 1 | 0 | 0 | 950 | 41 | 9 | 0 | 17 |
| Protein: Falafel (Plate) | 400 | 120 | 13 | 1.5 | 0 | 0 | 1140 | 49 | 11 | 0 | 20 |
| Protein: Falafel (Extra) | 200 | 60 | 7 | 0.5 | 0 | 0 | 570 | 24 | 5 | 0 | 10 |
| Protein: Grilled Saffron Chicken Kebab | 280 | 120 | 14 | 2.5 | 0 | 135 | 540 | 1 | 0 | 0 | 39 |
| Protein: Grilled Saffron Chicken Kebab (Side - Includes Flatbread) | 730 | 260 | 29 | 7 | 0 | 135 | 1080 | 69 | 6 | 0 | 50 |
| Protein: Grilled Steak Kebab | 300 | 120 | 13 | 4 | 0 | 110 | 280 | 2 | 0 | <1 | 40 |
| Protein: Grilled Steak Kebab (Side - Includes Flatbread) | 740 | 250 | 28 | 8 | 0 | 110 | 820 | 70 | 6 | <1 | 51 |
| Protein: Grilled Beef Kofta | 300 | 130 | 14 | 6 | 0 | 35 | 800 | 9 | 1 | 1 | 30 |
| Protein: Grilled Beef Kofta (Side - Includes Flatbread) | 750 | 260 | 29 | 10 | 0 | 35 | 1340 | 77 | 7 | 1 | 41 |
| SALADS & SIDES | | | | | | | | | | | |
| Salad: Greek Salad | 220 | 170 | 19 | 6 | 0 | 30 | 640 | 8 | 2 | 4 | 5 |
| Salad: Greek Salad (No Dressing) | 120 | 90 | 10 | 3.5 | 0 | 15 | 470 | 6 | 1 | 2 | 4 |
| Salad: Greek Salad, Large | 650 | 510 | 57 | 18 | 0 | 85 | 1930 | 25 | 5 | 13 | 15 |
| Salad: Greek Salad, Large (No Dressing) | 370 | 270 | 30 | 11 | 0 | 50 | 1410 | 19 | 4 | 6 | 13 |
| Salad: Kale and Quinoa | 310 | 180 | 21 | 1.5 | 0 | 0 | 150 | 32 | 4 | 22 | 4 |
| Salad: Kale and Quinoa, Large | 940 | 550 | 62 | 5 | 0 | 0 | 450 | 95 | 12 | 65 | 12 |
| Salad: Mediterranean Chickpea Salad | 180 | 110 | 12 | 1.5 | 0 | 0 | 810 | 17 | 4 | 6 | 4 |
| Salad: Mediterranean Chickpea Salad, Large | 550 | 330 | 37 | 5 | 0 | 0 | 2430 | 51 | 12 | 19 | 11 |
| Salad: Tabouli | 360 | 200 | 23 | 3 | 0 | 0 | 740 | 34 | 3 | 2 | 6 |
| Side: Hummus | 220 | 120 | 14 | 2 | 0 | 0 | 500 | 18 | 5 | 3 | 7 |
| Side: Hummus (Fire) | 200 | 110 | 12 | 1.5 | 0 | 0 | 560 | 18 | 5 | 4 | 7 |
| Side: Hummus and Pita | 410 | 130 | 14 | 2 | 0 | 0 | 880 | 54 | 8 | 3 | 14 |
| Side: Hummus (Fire) and Pita | 390 | 110 | 13 | 1.5 | 0 | 0 | 940 | 54 | 8 | 4 | 14 |
| Side: Hummus and Pita, Large | 1220 | 380 | 43 | 5 | 0 | 0 | 2650 | 161 | 24 | 9 | 43 |
| Side: Hummus (Fire) and Pita, Large | 1180 | 340 | 38 | 4.5 | 0 | 0 | 2820 | 163 | 24 | 12 | 41 |
| Side: Falafel (Includes Garlic Yogurt Sauce) | 480 | 190 | 22 | 3.5 | 0 | 10 | 1190 | 50 | 11 | <1 | 22 |
| Side: Fries | 660 | 290 | 33 | 3 | 0 | 0 | 1160 | 84 | 5 | <1 | 7 |
| Side: Saffron Rice | 560 | 160 | 18 | 11 | 0.5 | 5 | 1230 | 90 | 1 | 0 | 9 |
| Side: Pita Bread | 190 | 5 | 1 | 0 | 0 | 0 | 380 | 36 | 3 | 0 | 7 |
| Side: Flatbread | 450 | 140 | 15 | 4.5 | 0 | 0 | 540 | 68 | 6 | 0 | 11 |
| Side: Crave Fries | 820 | 420 | 47 | 9 | 0 | 35 | 1530 | 87 | 5 | 3 | 12 |
| Side: Doner Fries, Carved Chicken | 1070 | 530 | 59 | 12 | 0 | 225 | 1710 | 87 | 5 | 3 | 47 |
| Side: Doner Fries, Carved Lamb Beef | 1190 | 670 | 75 | 20 | 0 | 110 | 2370 | 98 | 5 | 4 | 31 |
| Side: Baklava, 1 piece | 220 | 100 | 11 | 4 | 0 | 15 | 85 | 29 | 2 | 15 | 4 |
| FILLINGS | | | | | | | | | | | |
| Filling: Red Onion, Pickled | 0 | 0 | 0 | 0 | 0 | 0 | 10 | 0 | 0 | 0 | 0 |
| Filling: Red Onion, Raw | 0 | 0 | 0 | 0 | 0 | 0 | 0 | <1 | <1 | 0 | 0 |
| Filling: Romaine Lettuce | 0 | 0 | 0 | 0 | 0 | 0 | 0 | <1 | <1 | 0 | 0 |
| Filling: Tomato, Cucumber Mix | 10 | 0 | 0 | 0 | 0 | 0 | 0 | 3 | <1 | 2 | <1 |
| Filling, Extra: Fries | 230 | 100 | 12 | 1 | 0 | 0 | 410 | 30 | 2 | 0 | 2 |
| Filling, Extra: Feta Cheese | 90 | 60 | 7 | 4.5 | 0 | 25 | 340 | 1 | 0 | 1 | 5 |
| Filling, Extra: Hummus | 110 | 60 | 7 | 1 | 0 | 0 | 250 | 9 | 2 | 2 | 4 |
| Filling, Extra: Hummus, Fire | 100 | 50 | 6 | 1 | 0 | 0 | 280 | 9 | 3 | 2 | 3 |
| Filling, Extra: Kalamata Olives | 90 | 90 | 9 | 1 | 0 | 0 | 400 | 4 | 0 | 0 | 0 |
| Filling, Extra: Saffron Rice | 140 | 40 | 4.5 | 2.5 | 0 | 0 | 310 | 22 | 0 | 0 | 2 |
| SAUCES | | | | | | | | | | | |
| Sauce: Garlic Yogurt | 90 | 70 | 8 | 2.5 | 0 | 10 | 55 | 1 | 0 | <1 | 1 |
| Sauce: Garlic Yogurt (8oz) | 690 | 590 | 66 | 19 | 0 | 90 | 410 | 11 | 0 | 8 | 10 |
| Sauce: Cilantro Jalapeno | 90 | 80 | 10 | 0.5 | 0 | 0 | 55 | 2 | 0 | 0 | 0 |
| Sauce: Cilantro Jalapeno (8 oz) | 730 | 670 | 78 | 6 | 0 | 0 | 430 | 15 | 4 | 3 | 3 |
| Sauce: Fire Chili | 10 | 0 | 0 | 0 | 0 | 0 | 150 | 2 | <1 | 2 | 0 |
| Sauce: Fire Chili (8 oz) | 90 | 10 | 1 | 0 | 0 | 0 | 1170 | 18 | 5 | 12 | 4 |
| Sauce: Dill Yogurt | 90 | 80 | 9 | 2.5 | 0 | 10 | 170 | 2 | 0 | 2 | <1 |
| Sauce: Dill Yogurt (8 oz) | 730 | 640 | 71 | 18 | 0 | 90 | 1390 | 18 | 0 | 17 | 4 |
| KEBAB KREATIONS | | | | | | | | | | | |
| Kebab Kreations: The Rice Rice Baby Wrap | 1120 | 500 | 57 | 18 | 0 | 225 | 1470 | 99 | 9 | 4 | 55 |
| Kebab Kreations: The San Diego Wrap | 1240 | 630 | 70 | 23 | 0 | 110 | 2190 | 115 | 9 | 6 | 39 |
| Kebab Kreations: The Fire Wrap | 1090 | 430 | 48 | 13 | 0 | 145 | 1880 | 109 | 11 | 7 | 58 |
| Kebab Kreations: The Super Duper Wrap | 1320 | 650 | 73 | 16 | 0 | 160 | 1850 | 120 | 12 | 6 | 50 |
| Kebab Kreations: The Fire Bowl | 1040 | 400 | 44 | 17 | 1 | 205 | 1900 | 107 | 6 | 7 | 50 |
| Kebab Kreations: The Keto Bowl | 400 | 200 | 22 | 5 | 0 | 145 | 670 | 8 | 3 | 3 | 43 |
| Kebab Kreations: The Protein Bowl | 480 | 240 | 27 | 7 | 0 | 195 | 550 | 16 | 5 | 4 | 42 |
| THE BOWL (nutrition information includes lettuce, tomatoes, cucumber, pickled onions, and garlic yogurt sauce) | | | | | | | | | | | |
| The Bowl, Greens, Carved Chicken | 370 | 180 | 20 | 6 | 0 | 195 | 300 | 7 | 3 | 3 | 38 |
| The Bowl, Greens, Carved Lamb Beef | 490 | 330 | 37 | 13 | 0 | 85 | 970 | 18 | 3 | 4 | 22 |
| The Bowl, Greens, Mixed Carved | 460 | 270 | 30 | 10 | 0 | 160 | 650 | 12 | 3 | 3 | 34 |
| The Bowl, Greens, Falafel | 450 | 180 | 20 | 3.5 | 0 | 10 | 1070 | 48 | 12 | 3 | 20 |
| The Bowl, Greens, Grilled Chicken | 400 | 200 | 22 | 5 | 0 | 145 | 670 | 8 | 3 | 3 | 43 |
| The Bowl, Greens, Grilled Steak | 410 | 190 | 22 | 6 | 0 | 120 | 410 | 9 | 3 | 4 | 44 |
| The Bowl, Greens, Grilled Beef Kofta | 420 | 200 | 23 | 8 | 0 | 45 | 930 | 16 | 4 | 4 | 34 |

| | | | | | | | | | | | |
|---|-------|------|-----|-----|-----|------|-------|------|-----|-----|-----|
| The Bowl, Fries, Carved Chicken | 1020 | 480 | 53 | 8 | 0 | 195 | 1400 | 90 | 6 | 4 | 44 |
| The Bowl, Fries, Carved Lamb Beef | 1130 | 620 | 69 | 16 | 0 | 85 | 2060 | 100 | 6 | 5 | 28 |
| The Bowl, Fries, Mixed Carved | 1100 | 560 | 62 | 12 | 0 | 160 | 1750 | 95 | 6 | 4 | 39 |
| The Bowl, Fries, Falafel | 1090 | 470 | 52 | 6 | 0 | 10 | 2170 | 130 | 15 | 4 | 26 |
| The Bowl, Fries, Grilled Chicken | 1040 | 490 | 55 | 8 | 0 | 145 | 1770 | 91 | 7 | 4 | 48 |
| The Bowl, Fries, Grilled Steak | 1060 | 490 | 54 | 9 | 0 | 120 | 1510 | 91 | 6 | 5 | 49 |
| The Bowl, Fries, Grilled Beef Kofta | 1060 | 490 | 55 | 11 | 0 | 45 | 2020 | 98 | 7 | 5 | 39 |
| The Bowl, Rice, Carved Chicken | 920 | 340 | 38 | 16 | 1 | 205 | 1470 | 95 | 3 | 3 | 46 |
| The Bowl, Rice, Carved Lamb Beef | 1040 | 490 | 54 | 24 | 0.5 | 90 | 2130 | 106 | 3 | 5 | 30 |
| The Bowl, Rice, Mixed Carved | 1010 | 420 | 48 | 20 | 0.5 | 165 | 1820 | 101 | 3 | 4 | 41 |
| The Bowl, Rice, Falafel | 1000 | 340 | 38 | 14 | 0.5 | 15 | 2240 | 136 | 12 | 3 | 28 |
| The Bowl, Rice, Grilled Saffron Chicken | 950 | 360 | 40 | 16 | 0.5 | 150 | 1840 | 96 | 3 | 3 | 50 |
| The Bowl, Rice, Grilled Steak | 960 | 350 | 40 | 17 | 0.5 | 125 | 1580 | 97 | 3 | 4 | 51 |
| The Bowl, Rice, Grilled Beef Kofta | 970 | 360 | 40 | 19 | 0.5 | 50 | 2090 | 104 | 4 | 4 | 41 |
| THE WRAP (nutrition information includes lettuce, tomatoes, cucumber, pickled onions, and garlic yogurt sauce) | | | | | | | | | | | |
| The Wrap, Carved Chicken | 810 | 320 | 35 | 10 | 0 | 195 | 780 | 74 | 8 | 3 | 48 |
| The Wrap, Carved Lamb Beef | 920 | 460 | 51 | 17 | 0 | 85 | 1440 | 84 | 7 | 4 | 32 |
| The Wrap, Mixed Carved | 890 | 400 | 45 | 14 | 0 | 160 | 1130 | 79 | 7 | 3 | 44 |
| The Wrap, Falafel | 880 | 310 | 35 | 8 | 0 | 10 | 1550 | 114 | 17 | 3 | 30 |
| The Wrap, Grilled Chicken | 830 | 330 | 37 | 9 | 0 | 145 | 1140 | 75 | 8 | 3 | 52 |
| The Wrap, Grilled Steak | 850 | 330 | 37 | 11 | 0 | 120 | 890 | 75 | 8 | 4 | 54 |
| The Wrap, Grilled Beef Kofta | 850 | 340 | 37 | 13 | 0 | 45 | 1400 | 83 | 8 | 4 | 43 |
| KIDS | | | | | | | | | | | |
| Kids Protein: Carved Chicken | 150 | 60 | 7 | 2 | 0 | 110 | 105 | 0 | 0 | 0 | 21 |
| Kids Protein: Carved Lamb & Beef | 190 | 130 | 14 | 5 | 0 | 35 | 420 | 5 | 0 | <1 | 9 |
| Kids Protein: Falafel | 200 | 60 | 7 | 0.5 | 0 | 0 | 570 | 24 | 5 | 0 | 10 |
| Kids Side: Fries | 190 | 80 | 9 | 1 | 0 | 0 | 330 | 24 | 1 | 0 | 2 |
| Kids Side: Greek Salad | 60 | 45 | 5 | 2 | 0 | 10 | 230 | 3 | <1 | 1 | 2 |
| Kids Side: Saffron Rice | 190 | 50 | 6 | 3.5 | 0 | <5 | 410 | 30 | 0 | 0 | 3 |
| FAMILY PACKS (nutrition information for entire menu item) | | | | | | | | | | | |
| Family Pack Protein: Carved Chicken, Large | 1850 | 770 | 86 | 24 | 0 | 1350 | 1280 | 1 | <1 | 0 | 251 |
| Family Pack Protein: Carved Chicken, Small | 1230 | 510 | 57 | 16 | 0 | 895 | 850 | <1 | 0 | 0 | 167 |
| Family Pack Protein: Carved Lamb & Beef, Large | 2240 | 1510 | 168 | 64 | 0 | 440 | 5040 | 64 | 0 | 8 | 112 |
| Family Pack Protein: Carved Lamb & Beef, Small | 3360 | 2270 | 252 | 96 | 0 | 660 | 7560 | 96 | 0 | 12 | 168 |
| Family Pack Protein: Falafel, Large | 2380 | 720 | 81 | 8 | 0 | 0 | 6820 | 293 | 66 | 0 | 122 |
| Family Pack Protein: Falafel, Small | 1590 | 480 | 54 | 5 | 0 | 0 | 4550 | 195 | 44 | 0 | 81 |
| Family Pack Protein: Grilled Saffron Chicken Kebab, Large | 1700 | 740 | 84 | 16 | 0 | 795 | 3260 | 7 | 2 | 1 | 234 |
| Family Pack Protein: Grilled Saffron Chicken Kebab, Small | 1190 | 470 | 53 | 16 | 0 | 440 | 1140 | 7 | <1 | 4 | 161 |
| Family Pack Protein: Grilled Steak Kebab, Large | 1780 | 710 | 79 | 24 | 0 | 660 | 1710 | 10 | <1 | 5 | 242 |
| Family Pack Protein: Grilled Steak Kebab, Small | 1140 | 500 | 56 | 11 | 0 | 530 | 2170 | 5 | 2 | <1 | 156 |
| Family Pack Protein: Grilled Grilled Beef Kofta, Large | 1800 | 760 | 84 | 36 | 0 | 210 | 4800 | 54 | 6 | 6 | 180 |
| Family Pack Protein: Grilled Grilled Beef Kofta, Small | 1200 | 500 | 56 | 24 | 0 | 140 | 3200 | 36 | 4 | 4 | 120 |
| Family Pack, Large, Carved Chicken | 9820 | 4690 | 526 | 166 | 5 | 1740 | 17010 | 850 | 39 | 57 | 393 |
| Family Pack, Large, Carved Lamb Beef | 11330 | 6180 | 692 | 239 | 4.5 | 1050 | 23300 | 944 | 39 | 69 | 309 |
| Family Pack, Large, Grilled Saffron Chicken Kebab | 9670 | 4660 | 524 | 158 | 4.5 | 1185 | 18990 | 855 | 41 | 58 | 375 |
| Family Pack, Large, Grilled Steak Kebab | 9750 | 4620 | 519 | 167 | 4.5 | 1050 | 17440 | 858 | 40 | 62 | 383 |
| Family Pack, Large, Grilled Grilled Beef Kofta | 9770 | 4670 | 524 | 179 | 4.5 | 600 | 20530 | 902 | 45 | 63 | 321 |
| Family Pack: Small, Carved Chicken | 6520 | 3120 | 351 | 107 | 3 | 1120 | 10690 | 564 | 28 | 30 | 262 |
| Family Pack: Small, Carved Lamb Beef | 7540 | 4120 | 462 | 155 | 3 | 670 | 14880 | 627 | 27 | 38 | 208 |
| Family Pack: Small, Grilled Saffron Chicken Kebab | 6430 | 3100 | 350 | 102 | 3 | 760 | 12010 | 567 | 29 | 31 | 252 |
| Family Pack: Small, Grilled Steak Kebab | 6480 | 3080 | 347 | 107 | 3 | 670 | 10980 | 569 | 28 | 34 | 257 |
| Family Pack: Small, Grilled Grilled Beef Kofta | 6490 | 3110 | 350 | 115 | 3 | 370 | 13040 | 599 | 31 | 34 | 216 |
| CATERING (nutrition information for entire menu item) | | | | | | | | | | | |
| Catering Menu: The Trays, Protein: Carved Chicken, Large | 7180 | 3000 | 334 | 93 | 1.5 | 5235 | 4980 | 5 | 2 | <1 | 975 |
| Catering Menu: The Trays, Protein: Carved Chicken, Small | 3590 | 1500 | 167 | 46 | 1 | 2615 | 2490 | 3 | <1 | 0 | 488 |
| Catering Menu: The Trays, Protein: Carved Lamb Beef, Large | 11210 | 7560 | 840 | 320 | 0 | 2200 | 25210 | 320 | 0 | 40 | 560 |
| Catering Menu: The Trays, Protein: Carved Lamb Beef, Small | 5600 | 3780 | 420 | 160 | 0 | 1100 | 12610 | 160 | 0 | 20 | 280 |
| Catering Menu: The Trays, Protein: Falafel, Large | 6620 | 2010 | 224 | 21 | 0.5 | 0 | 18950 | 813 | 182 | 0 | 338 |
| Catering Menu: The Trays, Protein: Falafel, Small | 3310 | 1010 | 112 | 11 | 0 | 0 | 9480 | 406 | 91 | 0 | 169 |
| Catering Menu: The Trays, Protein: Grilled Saffron Chicken, Large | 6810 | 2980 | 335 | 63 | 0 | 3180 | 13030 | 28 | 10 | 6 | 937 |
| Catering Menu: The Trays, Protein: Grilled Saffron Chicken, Small | 3410 | 1490 | 167 | 32 | 0 | 1590 | 6520 | 14 | 5 | 3 | 469 |
| Catering Menu: The Trays, Protein: Grilled Steak, Large | 3560 | 1410 | 158 | 49 | 0 | 1320 | 3420 | 20 | 2 | 11 | 484 |
| Catering Menu: The Trays, Protein: Grilled Steak, Small | 7120 | 2830 | 316 | 97 | 0 | 2640 | 6830 | 39 | 4 | 22 | 968 |
| Catering Menu: The Trays, Protein: Grilled Beef Kofta, Large | 7200 | 3020 | 336 | 144 | 0 | 840 | 19200 | 216 | 24 | 24 | 720 |
| Catering Menu: The Trays, Protein: Grilled Beef Kofta, Small | 3600 | 1510 | 168 | 72 | 0 | 420 | 9600 | 108 | 12 | 12 | 360 |
| Catering Menu: The Trays, Salads: Greek Salad, Large | 3930 | 3080 | 342 | 109 | 1 | 525 | 12170 | 159 | 30 | 76 | 96 |
| Catering Menu: The Trays, Salads: Greek Salad, Small | 1970 | 1540 | 171 | 54 | 0 | 265 | 6090 | 80 | 15 | 38 | 48 |
| Catering Menu: The Trays, Salads: Kale & Quinoa, Large | 6270 | 3640 | 414 | 34 | 0 | 0 | 2970 | 635 | 79 | 436 | 83 |
| Catering Menu: The Trays, Salads: Kale & Quinoa, Small | 3140 | 1820 | 207 | 17 | 0 | 0 | 1490 | 318 | 40 | 218 | 42 |
| Catering Menu: The Trays, Salads: Mediterranean Chickpea Salad, Large | 3680 | 2200 | 249 | 34 | 0 | 0 | 16170 | 342 | 78 | 125 | 70 |
| Catering Menu: The Trays, Salads: Mediterranean Chickpea Salad, Small | 1840 | 1100 | 124 | 17 | 0 | 0 | 8080 | 171 | 39 | 63 | 35 |
| Catering Menu: The Trays, Salads: Tabouli, Large | 7110 | 4030 | 456 | 64 | 0 | 0 | 14780 | 673 | 70 | 35 | 119 |
| Catering Menu: The Trays, Salads: Tabouli, Small | 3560 | 2010 | 228 | 32 | 0 | 0 | 7390 | 336 | 35 | 18 | 59 |
| Catering Menu: The Trays, Sides: Fries, Large | 13130 | 5870 | 652 | 56 | 1 | 0 | 23140 | 1679 | 96 | 19 | 137 |
| Catering Menu: The Trays, Sides: Fries, Small | 6570 | 2940 | 326 | 28 | 0.5 | 0 | 11570 | 839 | 48 | 10 | 68 |
| Catering Menu: The Trays, Sides: Pita Bread, Large | 3800 | 140 | 16 | 0 | 0 | 0 | 7600 | 720 | 60 | 0 | 140 |
| Catering Menu: The Trays, Sides: Pita Bread, Small | 1900 | 70 | 8 | 0 | 0 | 0 | 3800 | 360 | 30 | 0 | 70 |
| Catering Menu: The Trays, Sides: Saffron Rice, Large | 9020 | 2550 | 288 | 173 | 11 | 100 | 19620 | 1433 | 21 | 7 | 139 |
| Catering Menu: The Trays, Sides: Saffron Rice, Small | 4510 | 1270 | 144 | 87 | 5 | 50 | 9810 | 717 | 10 | 4 | 69 |
| Catering Menu: The Trays, Sides: Hummus & Pita, Large | 7700 | 2320 | 260 | 32 | 0 | 0 | 16630 | 1038 | 147 | 55 | 273 |
| Catering Menu: The Trays, Sides: Hummus & Pita, Small | 3850 | 1160 | 130 | 16 | 0 | 0 | 8320 | 519 | 74 | 27 | 137 |
| Catering Menu: The Trays, Sides: Hummus (Spicy) & Pita, Large | 7440 | 2050 | 230 | 28 | 0 | 0 | 17700 | 1052 | 151 | 73 | 262 |
| Catering Menu: The Trays, Sides: Hummus (Spicy) & Pita, Small | 3720 | 1030 | 115 | 14 | 0 | 0 | 8850 | 526 | 76 | 36 | 131 |
| Catering Menu: Baklava | 5350 | 2310 | 257 | 91 | 0 | 335 | 1980 | 696 | 36 | 348 | 89 |



ALLERGEN INFORMATION

Contains Egg Contains Fish Contains Dairy Contains Peanut Contains Shellfish Contains Soy Contains Tree Nuts Contains Wheat Contains Gluten

Cross Contact: Includes a deep-fried item, which may contain any of the major food allergens or gluten*

PROTEINS

| | | | | | | | | | | | |
|--|--|--|--|--|--|---|--|---|---|--|---|
| Protein: Carved Chicken (Wrap/Bowl) | | | | | | | | | | | |
| Protein: Carved Chicken (Plate) | | | | | | | | | | | |
| Protein: Carved Chicken (Extra) | | | | | | | | | | | |
| Protein: Carved Chicken (Side - Includes Flatbread) | | | | | | | | X | X | | |
| Protein: Carved Lamb & Beef | | | | | | X | | X | X | | |
| Protein: Carved Lamb & Beef (Plate) | | | | | | X | | X | X | | |
| Protein: Carved Lamb & Beef (Extra) | | | | | | X | | X | X | | |
| Protein: Carved Lamb & Beef (Side - Includes Flatbread) | | | | | | X | | X | X | | |
| Protein: Mixed Carved (Wrap/Bowl) | | | | | | X | | X | X | | |
| Protein: Mixed Carved (Plate) | | | | | | X | | X | X | | |
| Protein: Mixed Carved (Extra) | | | | | | X | | X | X | | |
| Protein: Mixed Carved (Side) | | | | | | X | | X | X | | |
| Protein: Falafel (Wrap/Bowl) | | | | | | | | | | | X |
| Protein: Falafel (Plate) | | | | | | | | | | | X |
| Protein: Falafel (Extra) | | | | | | | | | | | X |
| Protein: Grilled Saffron Chicken Kebab | | | | | | | | | | | |
| Protein: Grilled Saffron Chicken Kebab (Side - Includes Flatbread) | | | | | | | | X | X | | |
| Protein: Grilled Steak Kebab | | | | | | | | | | | |
| Protein: Grilled Steak Kebab (Side - Includes Flatbread) | | | | | | | | X | X | | |
| Protein: Grilled Beef Kofta | | | | | | X | | X | X | | |
| Protein: Grilled Beef Kofta (Side - Includes Flatbread) | | | | | | X | | X | X | | |

SALADS & SIDES

| | | | | | | | | | | | |
|--|---|--|---|--|--|---|--|--------------------|---|---|---|
| Salad: Greek Salad | X | | X | | | X | | | | | |
| Salad: Greek Salad (No Dressing) | | | X | | | | | | | | |
| Salad: Greek Salad, Large | X | | X | | | X | | | | | |
| Salad: Greek Salad, Large (No Dressing) | | | X | | | | | | | | |
| Salad: Kale and Quinoa | | | | | | | | Walnuts | | | |
| Salad: Kale and Quinoa, Large | | | | | | | | Walnuts | | | |
| Salad: Mediterranean Chickpea Salad | | | | | | | | | | | |
| Salad: Mediterranean Chickpea Salad, Large | | | | | | | | | | | |
| Salad: Tabouli | | | | | | | | X | X | | |
| Side: Hummus | | | | | | | | | | | |
| Side: Hummus (Fire) | | | | | | | | | | | |
| Side: Hummus and Pita | | | | | | X | | X | X | | |
| Side: Hummus (Fire) and Pita | | | | | | X | | X | X | | |
| Side: Hummus and Pita, Large | | | | | | X | | X | X | | |
| Side: Hummus (Fire) and Pita, Large | | | | | | X | | X | X | | |
| Side: Falafel (Includes Garlic Yogurt Sauce) | X | | X | | | X | | | | | X |
| Side: Fries | | | | | | | | | | | X |
| Side: Saffron Rice | | | X | | | X | | | | | |
| Side: Pita Bread | | | | | | X | | X | X | | |
| Side: Flatbread | | | | | | | | X | X | | |
| Side: Crave Fries | X | | X | | | X | | | | | X |
| Side: Doner Fries, Carved Chicken | X | | X | | | X | | | | | X |
| Side: Doner Fries, Carved Lamb Beef | X | | X | | | X | | X | X | | X |
| Side: Baklava, 1 piece | | | X | | | X | | Pistachio, Walnuts | X | X | |

FILLINGS

| | | | | | | | | | | | |
|---------------------------------|--|--|---|--|--|---|--|--|--|--|---|
| Filling: Red Onion, Pickled | | | | | | | | | | | |
| Filling: Red Onion, Raw | | | | | | | | | | | |
| Filling: Romaine Lettuce | | | | | | | | | | | |
| Filling: Tomato, Cucumber Mix | | | | | | | | | | | |
| Filling, Extra: Fries | | | | | | | | | | | X |
| Filling, Extra: Feta Cheese | | | X | | | | | | | | |
| Filling, Extra: Hummus | | | | | | | | | | | |
| Filling, Extra: Hummus, Fire | | | | | | | | | | | |
| Filling, Extra: Kalamata Olives | | | | | | | | | | | |
| Filling, Extra: Saffron Rice | | | X | | | X | | | | | |

SAUCES

| | | | | | | | | | | | |
|---------------------------------|---|--|---|--|--|---|--|--|--|--|--|
| Sauce: Garlic Yogurt | X | | X | | | X | | | | | |
| Sauce: Garlic Yogurt (8oz) | X | | X | | | X | | | | | |
| Sauce: Cilantro Jalapeno | | | | | | | | | | | |
| Sauce: Cilantro Jalapeno (8 oz) | | | | | | | | | | | |
| Sauce: Fire Chili | | | | | | | | | | | |
| Sauce: Fire Chili (8 oz) | | | | | | | | | | | |
| Sauce: Dill Yogurt | X | | X | | | X | | | | | |
| Sauce: Dill Yogurt (8 oz) | X | | X | | | X | | | | | |

KEBAB KREATIONS

| | | | | | | | | | | | |
|--|---|--|---|--|--|---|--|---|---|--|--|
| Kebab Kreations: The Rice Rice Baby Wrap | X | | X | | | X | | X | X | | |
| Kebab Kreations: The San Diego Wrap | X | | X | | | X | | X | X | | |
| Kebab Kreations: The Fire Wrap | X | | X | | | X | | X | X | | |
| Kebab Kreations: The Super Duper Wrap | X | | X | | | X | | X | X | | |
| Kebab Kreations: The Fire Bowl | X | | X | | | X | | | | | |
| Kebab Kreations: The Keto Bowl | X | | X | | | X | | | | | |
| Kebab Kreations: The Protein Bowl | X | | X | | | X | | | | | |

THE BOWL (nutrition information includes lettuce, tomatoes, cucumber, pickled onions, and garlic yogurt sauce)

| | | | | | | | | | | | |
|------------------------------------|---|--|---|--|--|---|--|---|---|--|---|
| The Bowl, Greens, Carved Chicken | X | | X | | | X | | | | | |
| The Bowl, Greens, Carved Lamb Beef | X | | X | | | X | | X | X | | |
| The Bowl, Greens, Mixed Carved | X | | X | | | X | | | | | |
| The Bowl, Greens, Falafel | X | | X | | | X | | | | | X |
| The Bowl, Greens, Grilled Chicken | X | | X | | | X | | | | | |

| | | | | | | | | | | |
|---|---|--|---|--|--|---|--|--------------------|---|---|
| The Bowl, Greens, Grilled Steak | X | | X | | | X | | | | |
| The Bowl, Greens, Grilled Beef Kofta | X | | X | | | X | | X | X | |
| The Bowl, Fries, Carved Chicken | X | | X | | | X | | | | |
| The Bowl, Fries, Carved Lamb Beef | X | | X | | | X | | X | X | |
| The Bowl, Fries, Mixed Carved | X | | X | | | X | | | | |
| The Bowl, Fries, Falafel | X | | X | | | X | | | | X |
| The Bowl, Fries, Grilled Chicken | X | | X | | | X | | | | |
| The Bowl, Fries, Grilled Steak | X | | X | | | X | | | | |
| The Bowl, Fries, Grilled Beef Kofta | X | | X | | | X | | X | X | |
| The Bowl, Rice, Carved Chicken | X | | X | | | X | | | | |
| The Bowl, Rice, Carved Lamb Beef | X | | X | | | X | | X | X | |
| The Bowl, Rice, Mixed Carved | X | | X | | | X | | | | |
| The Bowl, Rice, Falafel | X | | X | | | X | | | | X |
| The Bowl, Rice, Grilled Saffron Chicken | X | | X | | | X | | | | |
| The Bowl, Rice, Grilled Steak | X | | X | | | X | | | | |
| The Bowl, Rice, Grilled Beef Kofta | X | | X | | | X | | X | X | |
| THE WRAP (nutrition information includes lettuce, tomatoes, cucumber, pickled onions, and garlic yogurt sauce) | | | | | | | | | | |
| The Wrap, Carved Chicken | X | | X | | | X | | X | X | |
| The Wrap, Carved Lamb Beef | X | | X | | | X | | X | X | |
| The Wrap, Mixed Carved | X | | X | | | X | | X | X | |
| The Wrap, Falafel | X | | X | | | X | | X | X | X |
| The Wrap, Grilled Chicken | X | | X | | | X | | X | X | |
| The Wrap, Grilled Steak | X | | X | | | X | | X | X | |
| The Wrap, Grilled Beef Kofta | X | | X | | | X | | X | X | |
| KIDS | | | | | | | | | | |
| Kids Protein: Carved Chicken | | | | | | | | | | |
| Kids Protein: Carved Lamb & Beef | | | | | | X | | X | X | |
| Kids Protein: Falafel | | | | | | | | | | X |
| Kids Side: Fries | | | | | | | | | | X |
| Kids Side: Greek Salad | | | X | | | | | | | |
| Kids Side: Saffron Rice | | | X | | | X | | | | |
| FAMILY PACKS (nutrition information for entire menu item) | | | | | | | | | | |
| Family Pack Protein: Carved Chicken, Large | | | | | | | | | | |
| Family Pack Protein: Carved Chicken, Small | | | | | | | | | | |
| Family Pack Protein: Carved Lamb & Beef, Large | | | | | | X | | X | X | |
| Family Pack Protein: Carved Lamb & Beef, Small | | | | | | X | | X | X | |
| Family Pack Protein: Falafel, Large | | | | | | | | | | X |
| Family Pack Protein: Falafel, Small | | | | | | | | | | X |
| Family Pack Protein: Grilled Saffron Chicken Kebab, Large | | | | | | | | | | |
| Family Pack Protein: Grilled Saffron Chicken Kebab, Small | | | | | | | | | | |
| Family Pack Protein: Grilled Steak Kebab, Large | | | | | | | | | | |
| Family Pack Protein: Grilled Steak Kebab, Small | | | | | | | | | | |
| Family Pack Protein: Grilled Grilled Beef Kofta, Large | | | | | | X | | X | X | |
| Family Pack Protein: Grilled Grilled Beef Kofta, Small | | | | | | X | | X | X | |
| Family Pack, Large, Carved Chicken | X | | X | | | X | | | | |
| Family Pack, Large, Carved Lamb Beef | X | | X | | | X | | | | |
| Family Pack, Large, Grilled Saffron Chicken Kebab | X | | X | | | X | | | | |
| Family Pack, Large, Grilled Steak Kebab | X | | X | | | X | | | | |
| Family Pack, Large, Grilled Grilled Beef Kofta | X | | X | | | X | | X | X | |
| Family Pack: Small, Carved Chicken | X | | X | | | X | | | | |
| Family Pack: Small, Carved Lamb Beef | X | | X | | | X | | | | |
| Family Pack: Small, Grilled Saffron Chicken Kebab | X | | X | | | X | | | | |
| Family Pack: Small, Grilled Steak Kebab | X | | X | | | X | | | | |
| Family Pack: Small, Grilled Grilled Beef Kofta | X | | X | | | X | | X | X | |
| CATERING (nutrition information for entire menu item) | | | | | | | | | | |
| Catering Menu: The Trays, Protein: Carved Chicken, Large | | | | | | | | | | |
| Catering Menu: The Trays, Protein: Carved Chicken, Small | | | | | | | | | | |
| Catering Menu: The Trays, Protein: Carved Lamb Beef, Large | | | | | | X | | X | X | |
| Catering Menu: The Trays, Protein: Carved Lamb Beef, Small | | | | | | X | | X | X | |
| Catering Menu: The Trays, Protein: Falafel, Large | | | | | | | | | | X |
| Catering Menu: The Trays, Protein: Falafel, Small | | | | | | | | | | X |
| Catering Menu: The Trays, Protein: Grilled Saffron Chicken, Large | | | | | | | | | | |
| Catering Menu: The Trays, Protein: Grilled Saffron Chicken, Small | | | | | | | | | | |
| Catering Menu: The Trays, Protein: Grilled Steak, Large | | | | | | | | | | |
| Catering Menu: The Trays, Protein: Grilled Steak, Small | | | | | | | | | | |
| Catering Menu: The Trays, Protein: Grilled Beef Kofta, Large | | | | | | X | | X | X | |
| Catering Menu: The Trays, Protein: Grilled Beef Kofta, Small | | | | | | X | | X | X | |
| Catering Menu: The Trays, Salads: Greek Salad, Large | X | | X | | | X | | | | |
| Catering Menu: The Trays, Salads: Greek Salad, Small | X | | X | | | X | | | | |
| Catering Menu: The Trays, Salads: Kale & Quinoa, Large | | | | | | | | Walnuts | | |
| Catering Menu: The Trays, Salads: Kale & Quinoa, Small | | | | | | | | Walnuts | | |
| Catering Menu: The Trays, Salads: Mediterranean Chickpea Salad, Large | | | | | | | | | | |
| Catering Menu: The Trays, Salads: Mediterranean Chickpea Salad, Small | | | | | | | | | | |
| Catering Menu: The Trays, Salads: Tabouli, Large | | | | | | | | X | X | |
| Catering Menu: The Trays, Salads: Tabouli, Small | | | | | | | | X | X | |
| Catering Menu: The Trays, Sides: Fries, Large | | | | | | | | | | X |
| Catering Menu: The Trays, Sides: Fries, Small | | | | | | | | | | X |
| Catering Menu: The Trays, Sides: Pita Bread, Large | | | | | | X | | X | X | |
| Catering Menu: The Trays, Sides: Pita Bread, Small | | | | | | X | | X | X | |
| Catering Menu: The Trays, Sides: Saffron Rice, Large | | | X | | | X | | | | |
| Catering Menu: The Trays, Sides: Saffron Rice, Small | | | X | | | X | | | | |
| Catering Menu: The Trays, Sides: Hummus & Pita, Large | | | | | | X | | X | X | |
| Catering Menu: The Trays, Sides: Hummus & Pita, Small | | | | | | X | | X | X | |
| Catering Menu: The Trays, Sides: Hummus (Spicy) & Pita, Large | | | | | | X | | X | X | |
| Catering Menu: The Trays, Sides: Hummus (Spicy) & Pita, Small | | | | | | X | | X | X | |
| Catering Menu: Baklava | | | X | | | X | | Pistachio, Walnuts | X | X |