

| NUTRITION INFORMATION                   | Serving Size Quantity | Serving Size Measure | Calories (kcal) | Calories from Fat (kcal) | Fat (g) | Saturated Fat (g) | Trans Fatty Acid (g) | Cholesterol (mg) | Sodium (mg) | Carbohydrates (g) | Total Dietary Fiber (g) | Total Sugars (g) | Protein (g) |
|-----------------------------------------|-----------------------|----------------------|-----------------|--------------------------|---------|-------------------|----------------------|------------------|-------------|-------------------|-------------------------|------------------|-------------|
| Wraps & Boxes                           |                       |                      |                 |                          |         |                   |                      |                  |             |                   |                         |                  |             |
| The Box, Greens, Carved Chicken         | 1 Serving             |                      | 380             | 180                      | 20      | 6                 | 0                    | 195              | 690         | 11                | 4                       | 6                | 38          |
| The Box, Greens, Carved Lamb Beef       | 1 Serving             |                      | 500             | 330                      | 37      | 13                | 0                    | 85               | 920         | 20                | 3                       | 7                | 22          |
| The Box, Greens, Falafel                | 1 Serving             |                      | 460             | 190                      | 22      | 3.5               | 0                    | 10               | 1000        | 48                | 14                      | 7                | 21          |
| The Box, Greens, Grilled Chicken        | 1 Serving             |                      | 470             | 280                      | 31      | 7                 | 0                    | 185              | 780         | 11                | 3                       | 6                | 36          |
| The Box, Saffron Rice, Carved Chicken   | 1 Serving             |                      | 720             | 280                      | 31      | 12                | 0                    | 200              | 1450        | 65                | 3                       | 5                | 43          |
| The Box, Saffron Rice, Carved Lamb Beef | 1 Serving             |                      | 840             | 430                      | 48      | 20                | 0                    | 90               | 1680        | 75                | 2                       | 7                | 27          |
| The Box, Saffron Rice, Falafel          | 1 Serving             |                      | 810             | 290                      | 33      | 10                | 0                    | 15               | 1760        | 102               | 13                      | 6                | 25          |
| The Box, Saffron Rice, Grilled Chicken  | 1 Serving             |                      | 810             | 380                      | 42      | 14                | 0                    | 190              | 1540        | 65                | 3                       | 6                | 41          |
| The Box, Fries, Carved Chicken          | 1 Serving             |                      | 1020            | 470                      | 53      | 8                 | 0                    | 195              | 1830        | 91                | 7                       | 4                | 44          |
| The Box, Fries, Carved Lamb Beef        | 1 Serving             |                      | 1140            | 620                      | 69      | 16                | 0                    | 85               | 2060        | 100               | 6                       | 6                | 28          |
| The Box, Fries, Falafel                 | 1 Serving             |                      | 1100            | 490                      | 54      | 6                 | 0                    | 10               | 2140        | 128               | 17                      | 6                | 26          |
| The Box, Fries, Grilled Chicken         | 1 Serving             |                      | 1100            | 570                      | 63      | 10                | 0                    | 185              | 1920        | 91                | 7                       | 5                | 42          |
| The Kebabs                              |                       |                      |                 |                          |         |                   |                      |                  |             |                   |                         |                  |             |
| Carved Chicken, Wrap or Box             | 1 Serving             |                      | 260             | 100                      | 12      | 3                 | 0                    | 185              | 610         | 2                 | 1                       | 0                | 34          |
| Carved Chicken, Plate                   | 1 Serving             |                      | 360             | 150                      | 16      | 4.5               | 0                    | 255              | 860         | 2                 | 1                       | 0                | 48          |
| Carved Lamb & Beef, Wrap or Box         | 1 Serving             |                      | 370             | 250                      | 28      | 11                | 0                    | 75               | 840         | 11                | 0                       | 1                | 19          |
| Carved Lamb & Beef, Plate               | 1 Serving             |                      | 560             | 380                      | 42      | 16                | 0                    | 110              | 1260        | 16                | 0                       | 2                | 28          |
| Grilled Chicken                         | 1 Serving             |                      | 340             | 200                      | 22      | 4.5               | 0                    | 175              | 700         | 1                 | 0                       | 0                | 33          |
| Falafel, Wrap or Box                    | 1 Serving             |                      | 340             | 120                      | 13      | 1                 | 0                    | 0                | 920         | 38                | 11                      | 1                | 17          |
| Falafel, Plate                          | 1 Serving             |                      | 470             | 160                      | 18      | 1.5               | 0                    | 0                | 1290        | 54                | 15                      | 2                | 24          |
| Extra Meat: Carved Chicken              | 1 Serving             |                      | 260             | 100                      | 12      | 3                 | 0                    | 185              | 610         | 2                 | 1                       | 0                | 34          |
| Extra Meat: Carved Lamb & Beef          | 1 Serving             |                      | 370             | 250                      | 28      | 11                | 0                    | 75               | 840         | 11                | 0                       | 1                | 19          |
| Extra Meat: Grilled Chicken             | 1 Serving             |                      | 340             | 200                      | 22      | 4.5               | 0                    | 175              | 700         | 1                 | 0                       | 0                | 33          |
| The Sides & Salads                      |                       |                      |                 |                          |         |                   |                      |                  |             |                   |                         |                  |             |
| Greek Salad                             | 1 Serving             |                      | 50              | 30                       | 3       | 1.5               | 0                    | 5                | 150         | 5                 | 2                       | 2                | 2           |
| Salad: Hummus                           | 1 Serving             |                      | 390             | 210                      | 23      | 3                 | 0                    | 0                | 960         | 33                | 9                       | 6                | 13          |
| Hummus, Spicy                           | 1 Serving             |                      | 360             | 190                      | 21      | 2.5               | 0                    | 0                | 1160        | 34                | 9                       | 8                | 12          |
| Falafel                                 | 1 Serving             |                      | 470             | 160                      | 18      | 1.5               | 0                    | 0                | 1290        | 54                | 15                      | 2                | 24          |
| Fries                                   | 1 Serving             |                      | 660             | 290                      | 33      | 3                 | 0                    | 0                | 1160        | 84                | 5                       | 1                | 7           |
| Saffron Rice                            | 1 Serving             |                      | 350             | 100                      | 11      | 7                 | 0                    | 5                | 770         | 56                | 1                       | 0                | 5           |
| Pita Bread                              | 1 Serving             |                      | 190             | 5                        | 1       | 0                 | 0                    | 0                | 380         | 36                | 3                       | 0                | 7           |
| Flatbread                               | 1 Each                |                      | 390             | 120                      | 13      | 4                 | 0                    | 0                | 620         | 60                | 4                       | 0                | 10          |
| Standard Fillings                       |                       |                      |                 |                          |         |                   |                      |                  |             |                   |                         |                  |             |
| Standard Filling: Garlic Yogurt Sauce   | 1 Serving             |                      | 90              | 70                       | 8       | 2.5               | 0                    | 10               | 50          | 1                 | 0                       | 1                | 1           |
| Standard Filling: Red Onion, Pickled    | 1 Serving             |                      | 0               | 0                        | 0       | 0                 | 0                    | 0                | 10          | 1                 | 0                       | 0                | 0           |
| Standard Filling: Red Onion, Raw        | 1 Serving             |                      | 0               | 0                        | 0       | 0                 | 0                    | 0                | 0           | 1                 | 0                       | 0                | 0           |
| Standard Filling: Romaine Lettuce       | 1 Serving             |                      | 5               | 0                        | 0       | 0                 | 0                    | 0                | 0           | 1                 | 1                       | 0                | 0           |
| Standard Filling: Tomato, Cucumber Mix  | 1 Serving             |                      | 10              | 0                        | 0       | 0                 | 0                    | 0                | 0           | 3                 | 1                       | 2                | 1           |
| Extra Fillings                          |                       |                      |                 |                          |         |                   |                      |                  |             |                   |                         |                  |             |
| Extra Filling: Fries                    | 1 Serving             |                      | 190             | 80                       | 9       | 1                 | 0                    | 0                | 330         | 24                | 1                       | 0                | 2           |
| Extra Filling: Feta Cheese              | 1 Serving             |                      | 70              | 50                       | 6       | 4                 | 0                    | 25               | 310         | 1                 | 0                       | 1                | 4           |
| Extra Filling: Hummus                   | 1 Serving             |                      | 140             | 70                       | 8       | 1                 | 0                    | 0                | 340         | 12                | 3                       | 2                | 5           |
| Extra Filling: Hummus, Spicy            | 1 Serving             |                      | 130             | 70                       | 7       | 1                 | 0                    | 0                | 420         | 12                | 3                       | 3                | 4           |
| Extra Filling: Kalamata Olives          | 1 Serving             |                      | 90              | 90                       | 9       | 1                 | 0                    | 0                | 400         | 4                 | 0                       | 0                | 0           |
| Extra Filling: Saffron Rice             | 1 Serving             |                      | 140             | 40                       | 4.5     | 2.5               | 0                    | 0                | 310         | 22                | 0                       | 0                | 2           |
| The Sauces                              |                       |                      |                 |                          |         |                   |                      |                  |             |                   |                         |                  |             |
| Garlic Yogurt                           | 1 Serving             |                      | 90              | 70                       | 8       | 2.5               | 0                    | 10               | 50          | 1                 | 0                       | 1                | 1           |
| Spicy Cilantro                          | 1 Serving             |                      | 100             | 90                       | 10      | 1                 | 0                    | 0                | 55          | 2                 | 0                       | 0                | 0           |
| Spicy Chili                             | 1 Serving             |                      | 15              | 0                        | 0       | 0                 | 0                    | 0                | 250         | 3                 | 1                       | 2                | 1           |
| Dill Yogurt                             | 1 Serving             |                      | 90              | 80                       | 9       | 2.5               | 0                    | 10               | 170         | 2                 | 0                       | 2                | 1           |
| Specialty Items                         |                       |                      |                 |                          |         |                   |                      |                  |             |                   |                         |                  |             |
| Crave Fries                             | 1 Serving             |                      | 820             | 420                      | 47      | 9                 | 0                    | 35               | 1530        | 87                | 5                       | 3                | 12          |
| Baklava, 1 piece                        | 1 Serving             |                      | 220             | 100                      | 11      | 4                 | 0                    | 15               | 85          | 29                | 2                       | 15               | 4           |
| Doner Fries Carved Lamb Beef            | 1 Serving             |                      | 1190            | 670                      | 75      | 20                | 0                    | 110              | 2370        | 98                | 5                       | 5                | 31          |
| Doner Fries Carved Chicken              | 1 Serving             |                      | 1070            | 530                      | 58      | 12                | 0                    | 220              | 2140        | 89                | 6                       | 3                | 47          |
| Family Pack, Large, Carved Lamb Beef    | 6 Servings            |                      | 7470            | 3560                     | 397     | 158               | 2.5                  | 795              | 16370       | 688               | 34                      | 38               | 259         |
| Family Pack, Large, Grilled Chicken     | 6 Servings            |                      | 6160            | 2490                     | 279     | 90                | 3                    | 1175             | 13020       | 600               | 37                      | 27               | 286         |
| Family Pack, Large, Carved Chicken      | 6 Servings            |                      | 6250            | 2170                     | 242     | 89                | 3                    | 1675             | 13960       | 605               | 40                      | 26               | 381         |
| Family Pack: Small, Carved Chicken      | 4 Servings            |                      | 4160            | 1440                     | 161     | 59                | 2                    | 1115             | 9310        | 403               | 27                      | 18               | 254         |
| Family Pack: Small, Carved Lamb Beef    | 4 Servings            |                      | 4980            | 2370                     | 265     | 105               | 1.5                  | 530              | 10920       | 459               | 23                      | 25               | 173         |
| Family Pack: Small, Grilled Chicken     | 4 Servings            |                      | 4100            | 1660                     | 186     | 60                | 2                    | 785              | 8680        | 400               | 25                      | 18               | 191         |
| Kids Protein: Carved Lamb & Beef        | 1 Serving             |                      | 190             | 130                      | 14      | 5                 | 0                    | 35               | 420         | 5                 | 0                       | 1                | 9           |
| Kids Protein: Falafel, Kids             | 1 Serving             |                      | 200             | 70                       | 8       | 0.5               | 0                    | 0                | 550         | 23                | 6                       | 1                | 10          |
| Kid's Protein: Carved Chicken           | 1 Serving             |                      | 150             | 60                       | 7       | 2                 | 0                    | 110              | 370         | 1                 | 0                       | 0                | 21          |
| Kids Side: Fries                        | 1 Serving             |                      | 190             | 80                       | 9       | 1                 | 0                    | 0                | 330         | 24                | 1                       | 0                | 2           |
| Kids Side: Greek Salad                  | 1 Serving             |                      | 25              | 15                       | 1.5     | 0.5               | 0                    | 5                | 75          | 2                 | 1                       | 1                | 1           |
| Kids Side: Saffron Rice                 | 1 Serving             |                      | 140             | 40                       | 4.5     | 2.5               | 0                    | 0                | 310         | 22                | 0                       | 0                | 2           |



# THE KEBAB SHOP®

## Nutrition Disclaimer:

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