

NUTRITION INFORMATION	Serving Size	Quantity	Serving Size Measure	Calories (Kcal)	Calories from Fat (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Total Dietary Fiber (g)	Total Sugars (g)	Protein (g)
	Wraps & Boxes													
The Wrap, Carved Chicken	1	Serving	750	300	33	9	0	195	1300	67	6	4	4	46
The Wrap, Carved Lamb Beef	1	Serving	870	450	49	17	0	85	1530	77	5	5	5	31
The Wrap, Falafel	1	Serving	840	310	34	7	0	10	1610	104	16	5	5	29
The Wrap, Grilled Chicken	1	Serving	750	300	33	9	0	195	1300	67	6	4	4	46
The Box, Greens, Carved Chicken	1	Serving	380	180	20	6	0	195	690	11	4	6	6	38
The Box, Greens, Carved Lamb Beef	1	Serving	500	330	37	13	0	85	920	20	3	7	7	22
The Box, Greens, Falafel	1	Serving	460	190	22	3.5	0	10	1000	48	14	7	7	21
The Box, Greens, Grilled Chicken	1	Serving	470	280	31	7	0	185	780	11	3	6	6	36
The Box, Saffron Rice, Carved Chicken	1	Serving	720	280	31	12	0	200	1450	65	3	5	5	43
The Box, Saffron Rice, Carved Lamb Beef	1	Serving	840	430	48	20	0	90	1680	75	2	7	7	27
The Box, Saffron Rice, Falafel	1	Serving	810	290	33	10	0	15	1760	102	13	6	6	25
The Box, Saffron Rice, Grilled Chicken	1	Serving	810	380	42	14	0	190	1540	65	3	6	6	41
The Box, Fries, Carved Chicken	1	Serving	1020	470	53	8	0	195	1830	91	7	4	4	44
The Box, Fries, Carved Lamb Beef	1	Serving	1140	620	69	16	0	85	2060	100	6	6	6	28
The Box, Fries, Falafel	1	Serving	1100	490	54	6	0	10	2140	128	17	6	6	26
The Box, Fries, Grilled Chicken	1	Serving	1100	570	63	10	0	185	1920	91	7	5	5	42
The Kebabs														
Carved Chicken, Wrap or Box	1	Serving	260	100	12	3	0	185	610	2	1	0	0	34
Carved Chicken, Plate	1	Serving	360	150	16	4.5	0	255	860	2	1	0	0	48
Carved Lamb & Beef, Wrap or Box	1	Serving	370	250	28	11	0	75	840	11	0	1	1	19
Carved Lamb & Beef, Plate	1	Serving	560	380	42	16	0	110	1260	16	0	2	2	28
Grilled Chicken	1	Serving	340	200	22	4.5	0	175	700	1	0	0	0	33
Falafel, Wrap or Box	1	Serving	340	120	13	1	0	0	920	38	11	1	1	17
Falafel, Plate	1	Serving	470	160	18	1.5	0	0	1290	54	15	2	2	24
Extra Meat: Carved Chicken	1	Serving	260	100	12	3	0	185	610	2	1	0	0	34
Extra Meat: Carved Lamb & Beef	1	Serving	370	250	28	11	0	75	840	11	0	1	1	19
Extra Meat: Grilled Chicken	1	Serving	340	200	22	4.5	0	175	700	1	0	0	0	33
The Sides & Salads														
Greek Salad	1	Serving	50	30	3	1.5	0	5	150	5	2	2	2	2
Salad: Hummus	1	Serving	390	210	23	3	0	0	960	33	9	6	6	13
Hummus, Spicy	1	Serving	360	190	21	2.5	0	0	1160	34	9	8	8	12
Falafel	1	Serving	470	160	18	1.5	0	0	1290	54	15	2	2	24
Fries	1	Serving	660	290	33	3	0	0	1160	84	5	1	1	7
Saffron Rice	1	Serving	350	100	11	7	0	5	770	56	1	0	0	5
Pita Bread	1	Serving	190	5	1	0	0	0	380	36	3	0	0	7
Flatbread	1	Each	390	120	13	4	0	0	620	60	4	0	0	10
Standard Fillings														
Standard Filling: Garlic Yogurt Sauce	1	Serving	90	70	8	2.5	0	10	50	1	0	1	1	1
Standard Filling: Red Onion, Pickled	1	Serving	0	0	0	0	0	0	10	1	0	0	0	0
Standard Filling: Red Onion, Raw	1	Serving	0	0	0	0	0	0	0	1	0	0	0	0
Standard Filling: Romaine Lettuce	1	Serving	5	0	0	0	0	0	0	1	1	0	0	0
Standard Filling: Tomato, Cucumber Mix	1	Serving	10	0	0	0	0	0	0	3	1	2	1	1
Extra Fillings														
Extra Filling: Fries	1	Serving	190	80	9	1	0	0	330	24	1	0	0	2
Extra Filling: Feta Cheese	1	Serving	70	50	6	4	0	25	310	1	0	1	1	4
Extra Filling: Hummus	1	Serving	140	70	8	1	0	0	340	12	3	2	2	5
Extra Filling: Hummus, Spicy	1	Serving	130	70	7	1	0	0	420	12	3	3	3	4
Extra Filling: Kalamata Olives	1	Serving	90	90	9	1	0	0	400	4	0	0	0	0
Extra Filling: Saffron Rice	1	Serving	140	40	4.5	2.5	0	0	310	22	0	0	0	2
The Sauces														
Garlic Yogurt	1	Serving	90	70	8	2.5	0	10	50	1	0	1	1	1
Spicy Cilantro	1	Serving	100	90	10	1	0	0	55	2	0	0	0	0
Spicy Chili	1	Serving	15	0	0	0	0	0	250	3	1	2	1	1
Dill Yogurt	1	Serving	90	80	9	2.5	0	10	170	2	0	2	1	1
Specialty Items														
Crave Fries	1	Serving	820	420	47	9	0	35	1530	87	5	3	3	12
Baklava, 1 piece	1	Serving	220	100	11	4	0	15	85	29	2	15	4	4
Doner Fries Carved Lamb Beef	1	Serving	1190	670	75	20	0	110	2370	98	5	5	5	31
Doner Fries Carved Chicken	1	Serving	1070	530	58	12	0	220	2140	89	6	3	3	47
Family Pack, Large, Carved Lamb Beef	6	Servings	7470	3560	397	158	2.5	795	16370	688	34	38	38	259
Family Pack, Large, Grilled Chicken	6	Servings	6160	2490	279	90	3	1175	13020	600	37	27	27	286
Family Pack, Large, Carved Chicken	6	Servings	6250	2170	242	89	3	1675	13960	605	40	26	26	381
Family Pack: Small, Carved Chicken	4	Servings	4160	1440	161	59	2	1115	9310	403	27	18	18	254
Family Pack: Small, Carved Lamb Beef	4	Servings	4980	2370	265	105	1.5	530	10920	459	23	25	25	173
Family Pack: Small, Grilled Chicken	4	Servings	4100	1660	186	60	2	785	8680	400	25	18	18	191
Kids Protein: Carved Lamb & Beef	1	Serving	190	130	14	5	0	35	420	5	0	1	1	9
Kids Protein: Falafel, Kids	1	Serving	200	70	8	0.5	0	0	550	23	6	1	1	10
Kid's Protein: Carved Chicken	1	Serving	150	60	7	2	0	110	370	1	0	0	0	21
Kids Side: Fries	1	Serving	190	80	9	1	0	0	330	24	1	0	0	2
Kids Side: Greek Salad	1	Serving	25	15	1.5	0.5	0	5	75	2	1	1	1	1
Kids Side: Saffron Rice	1	Serving	140	40	4.5	2.5	0	0	310	22	0	0	0	2



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Catering													
The Crave Pack, Carved Chicken, Large	1	Serving	7140	2920	324	91	1.5	5135	17160	43	20	2	965
The Crave Pack, Carved Chicken, Small	1	Serving	3570	1460	162	45	1	2570	8580	21	10	1	483
The Crave Pack, Carved Lamb Beef, Large	1	Serving	11210	7560	840	320	0	2200	25210	320	0	40	560
The Crave Pack, Carved Lamb Beef, Small	1	Serving	5600	3780	420	160	0	1100	12610	160	0	20	280
The Crave Pack, Greek Salad, Large	1	Serving	900	530	58	24	0	125	2680	81	34	33	41
The Crave Pack, Greek Salad, Small	1	Serving	450	260	29	12	0	65	1340	41	17	17	21
The Crave Pack, Grilled Chicken, Large	1	Serving	8200	4780	536	111	1.5	4165	16840	32	11	6	780
The Crave Pack, Grilled Chicken, Small	1	Serving	4100	2390	268	56	0.5	2080	8420	16	6	3	390
The Crave Pack, Pita Bread, Large	1	Serving	3800	140	16	0	0	0	7600	720	60	0	140
The Crave Pack, Pita Bread, Small	1	Serving	1900	70	8	0	0	0	3800	360	30	0	70
The Crave Pack, Saffron Rice, Large	1	Serving	5640	1590	180	108	7	65	12250	896	13	5	87
The Crave Pack, Saffron Rice, Small	1	Serving	2820	800	90	54	3.5	30	6120	448	7	2	43
The Crave Pack, Garlic Yogurt Sauce, Small/Large	1	Serving	2760	2370	263	74	0	355	1650	46	1	34	42
The Crave Pack, Spicy Chili Sauce, Small/Large	1	Serving	490	50	5	0.5	0	0	8140	99	21	70	18
The Crave Pack, Large (High End of Range)	1	Servings	24800	12240	1363	527	7	2745	57540	2162	128	181	888
The Crave Pack, Large (Low End of Range)	1	Servings	20740	7600	847	297	9	5680	49490	1884	148	144	1293
The Crave Pack, Small (High End of Range)	1	Servings	14030	7330	816	301	3.5	1550	33660	1153	75	143	473
The Crave Pack, Small (Low End of Range)	1	Servings	12000	5010	558	186	4.5	3015	29640	1014	85	124	676
The Lunchboxes, Carved Chicken	4	Serving	2890	1120	125	49	2	795	5810	262	13	21	170
The Lunchboxes, Carved Lamb Beef	4	Serving	3360	1710	191	79	1.5	355	6720	298	10	26	107
The Lunchboxes, Falafel	4	Serving	3230	1170	131	41	2	60	7030	408	53	26	102
The Lunchboxes, Grilled Chicken	4	Serving	3240	1500	168	55	2	755	6160	261	12	22	162
The Trays, Carved Chicken, Large	1	Serving	7140	2920	324	91	1.5	5135	17160	43	20	2	965
The Trays, Carved Chicken, Small	1	Serving	3570	1460	162	45	1	2570	8580	21	10	1	483
The Trays, Carved Lamb Beef, Large	1	Serving	11210	7560	840	320	0	2200	25210	320	0	40	560
The Trays, Carved Lamb Beef, Small	1	Serving	5600	3780	420	160	0	1100	12610	160	0	20	280
The Trays, Falafels, Large	1	Serving	6780	2340	260	22	0	0	18370	764	216	24	347
The Trays, Falafels, Small	1	Serving	3390	1170	130	11	0	0	9190	382	108	12	174
The Trays, Greek Salad, Large	1	Serving	900	530	58	24	0	125	2680	81	34	33	41
The Trays, Greek Salad, Small	1	Serving	450	260	29	12	0	65	1340	41	17	17	21
The Trays, Grilled Chicken, Large	1	Serving	8200	4780	536	111	1.5	4165	16840	32	11	6	780
The Trays, Grilled Chicken, Small	1	Serving	4100	2390	268	56	0.5	2080	8420	16	6	3	390
The Trays, Hummus & Pita, Large	1	Serving	10750	3900	437	54	0	0	24970	1323	225	105	378
The Trays, Hummus & Pita, Small	1	Serving	5380	1950	218	27	0	0	12480	661	112	52	189
The Trays, Saffron Rice, Large	1	Serving	5640	1590	180	108	7	65	12250	896	13	5	87
The Trays, Saffron Rice, Small	1	Serving	2820	800	90	54	3.5	30	6120	448	7	2	43
The Trays, Spicy Hummus & Pita, Large	1	Serving	10310	3500	392	48	0	0	28520	1330	223	149	358
The Trays, Spicy Hummus & Pita, Small	1	Serving	5160	1750	196	24	0	0	14260	665	112	75	179
The Wraps, Carved Chicken	4	Serving	3010	1190	132	38	0	780	5200	270	25	15	186
The Wraps, Carved Lamb Beef	4	Serving	3480	1780	198	67	0	340	6110	306	22	20	123
The Wraps, Falafel	4	Serving	3350	1240	138	29	0	45	6420	417	65	20	117
The Wraps, Grilled Chicken	4	Serving	3010	1190	132	38	0	780	5200	270	25	15	186



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